



Do something amazing today!

Giving blood is safe, quick and simple. It only takes about 10-15 minutes to actually donate and in that time you really can save someone's life. Just think about it for a moment - what will you do this week, this month or even this year that will have such a positive impact on someone's life? Just imagine the feeling of knowing that, because of your generosity, someone is living today who wouldn't have been if it wasn't for you.

Can anyone give blood?

Most people can. If you're generally in good health, aged over 17 and weigh at least 50kg (7st 12lbs), you could start giving blood today.

An ongoing need....

Blood is in constant demand and is used for all sorts of reasons - during cancer treatments, in childbirth and to treat blood disorders to name but a few. Indeed we need to collect around 2 MILLION donations each year.

That's why we run donation sessions around the region every day and why we need new and 'lapsed' donors to come along, roll up their sleeves and give a pint of the red stuff. It really does help support those who need blood the most.

Enrol NOW....

Below you'll find an enrolment form to sign up as a blood donor. All you have to do is fill it in, save it and email it back to me as an attachment and we'll let you know as soon as there's a donation session in your area. It's really that simple.

So go on, do something really special today – enrol now...

If you would like further information about giving blood, including details of donor eligibility, please call us on 0300 123 23 23 or visit www.blood.co.uk



I'd like to save a life

I would like to find out more about becoming a blood donor.
Please let me know about sessions in my area.

Mr/Mrs/Miss/Ms/Other	
Surname	
First Name	
Date of Birth	
Home Address 1	
Home Address 2	
Postcode	
Home Telephone No.	
Mobile Telephone No.	
E-mail Address	

(for existing donors only)	
Donor I.D. (if known)	
Place where you last gave blood	
When you last gave blood (approximately)	

Please save on your system and email as an attachment to:
nicole.fisher@nhsbt.nhs.uk or post to:

Nicole Fisher, Donor Relations, Manchester Blood Centre,
Plymouth Grove, **FREEPOST** NWW1146, Manchester, M13 1BA

I would like to join the NHS Blood Donor Register as someone who may be contacted and would be prepared to donate blood. I understand that the National Blood Service (NBS) or its partners may phone, write or otherwise contact me with details of local blood donor sessions. I agree to the NBS holding my personal details on their donor database and processing this information as necessary for the proper